

# KCB NEWSLETTER



Highlights from April:  
MELA \* COUNTY  
SHOW \* COOKING \*  
CAMDEN UNITY CUP  
\* ONE MIC, ONE LIFE  
\* YOUTUBE VIDEOS \*  
SUMMER  
PROGRAMME...



'Big Up KCB' - the view from the Youth Stage @ the Mela event, Regents Park

## KCB'S YOUTH UPDATE FOR SUMMER...

With summer here we wanted to keep you all up to date with achievements in past months, and further opportunities for young people in South Camden with KCB and beyond...

KCB have had a wonderful few months, with young people being able to get involved with a number of exciting local events and a variety of different activities.

A few of which include:

- Charity Cup
- Cookery
- Girls Residential
- Fashion Workshops
- Mela
- County Show
- Martial arts residential
- Camden Unity Cup
- Music recording studio
- Volunteering
- Pool Coaching
- Youth forum
- Fishing trips & more

With summer here, there are lots of other opportunities for young people to get involved in. Some of the many activities happening this summer include: residential; volunteering; FA Level 1; trips; first aid; football; martial arts; cooking; gym and more. Also, if you are interested in late night cooking, please come along to Calthorpe on Fridays between 9-1030pm to try foods from a variety of different countries and better yet, learn how to cook them yourself!

We want to develop more activities, for you to get involved in. We want you to lead on these, tell us your ideas, projects you would be interested in and we can help you take it from there.



With thanks...The pictures above are of some of the young people volunteered and performed at the annual Mela, hosted at Regent's Park. They did a fantastically, we'd like to thank them all for their efforts and recognise what amazing talents all these young people have! Thanks to our glamorous assistants above and many others for their help on the day!

## CENTRE BASED



### Photos:

From the top: Westkings Way Students using the centre for lunch time respite from working hard and some CV support with Raju and Shaf; some of the young men who are part of the music group, some of whom performed at the Mela event; young women dancing up a storm with Hannah. To the right: some Dan, Colt and Sam brave the high ropes on a residential at Marwell Activity Centre.

### Centre Update...

The girls group have just been on a week long residential to celebrate their achievements so far, including having received an award for their DVD, Remember Me and their volunteering at the Mela.

Young people have had the opportunity to use a professional recording studio, Urban Collective, over five weeks through which they have been able to produce their own tracks and increased their knowledge of the music industry. There is one more session in August, so if you are interested in music and want to develop your skills and talents please do come down and join in. Some of this group had the chance to perform on the Mela (mentioned earlier) and did fantastically, performing in front of hundreds. Feedback from everyone who went was extremely positive, well done to all.

A group of young people attended One Mic, One Life held at the Shaw Theatre by OneHousing. Big thanks to them for hosting! There was a huge amount of talent on the night and everyone who went enjoyed the night. KCB are looking for their very own talent for an event

due at the end of September, so if you have it then please do speak to a member of staff. We'd love to hear from singers, dancers, beatboxers, and others who have a talent they would like to present on the night!

There a number of in house competitions currently going on including: blackjack; pool and table tennis. If you have it in you to win, sign up at the Youth Centre. A massive congrats to Nicky for winning last months!

To prepare for a bigger pool and snooker competition at Hurricane (Scala) in September we have coaching sessions happening every Monday for the month of August between 6-8pm. If you want to come along drop in to the youth centre on Monday nights.

The summer and PAYP programmes are in full swing now, with the youth centre open Monday, Wednesday and Friday from 3pm with fashion workshops, music, open sessions and trips, including a number of fishing outings.

And anyone interested in joining the late night table tennis challenge at Brunswick Centre on August 20th or in performing at the event, please do let one of the KCB staff know.



Young people showing their adventurous side

## Sports Update...

We are sorry for the inconvenience caused by the Calthorpe Project pitch closure for the last 3 weeks for refurbishment, but the new and improved pitch will re-open this month and sessions will restart as normal on Fridays and Saturdays between 6-7pm.

Camden United sessions (Monday 7-8pm, Tuesday 8-9pm) and the weekend football sessions at Coram's have come to an end for the summer period as Coram's is closed for hire during this time. We have however worked hard to find other pitches for use on the weekends and have managed to find two new venues. These sessions are to be held at the Cantelowes (Friday, 6-8pm) and Somers Town pitches (Saturday, 6-8pm). The first of these started two weeks ago, with over 20 young people in the first session. We have high hopes for the young people who have been involved, and hope

many more young people will continue to join.

The Social Inclusion Project hosted a Charity Cup event for over 18s, raising £900 for orphanages and schools in Bangladesh. Well done to all who participated and congratulations to London Tigers who came out the overall winners.

Thirteen young people who are members of martial arts sessions at OneKX (Saturday, 6-7.30pm) were given the opportunity to attend an outdoor pursuits residential weekend based on their continued commitment to these weekly sessions.

The first of Camden's Unity Cup events was held on Friday 30th at Arygle Square. The day was well supported by Fitzrovia Youth in Action and KCB, with over 50 young people attending. Congratulations to all of the teams who participated on the day and thanks to all for making the event a tremendous success. A big well done to the winners, St Marys .



Winners of Charity Cup, London Tigers!

## SPORTS...



### Photos:

Above (from the top): Young men attend coaching session at Calthorpe; Dan gives Bohel a workout at OneKX; the martial arts group get serious with 'Creative Vision'! To the left: Winners of the Charity Cup event held in July at Coram Fields with Mayor Jonathan Simpson. The competition was intense, well done to all!



**Photos:**

To the left: Dan and Nicky taking a break from a long days working the County Show, thanks to all the stewards for their efforts on the day!

Below: One of our work experience students, Rachel, helping Josh (Senior Sports Worker) meet, greet and grill members of the public. Thanks!



### KCB 'out and about' & other activities ...

There a number of upcoming opportunities for young people, including a project with Coram Fields and Holborn Community Association around 'hands'. The main focus of the project is a forensic session, which will open at the Bloomsbury Festival in October, with a follow up light projection show to be hosted at the Wellcome Trust in November.

There are other opportunities such as the Duke of Edinburgh Award scheme, AQA's and Arts Awards for those you are involved in a variety of the projects available through KCB. Also, if you are

interested in martial arts or dance, do come and join one of the weekly sessions. Or if you are excited by drama, tell us! We are very lucky to have Only Connect

volunteers with us for the next few weeks, get some tips, take part in some workshops while you can!

Are you good at speaking with people? Feel passionate about youth work? And want to do something that will help make a difference? Then do come along to the Youth

Forum, which is held every Thursday (5pm) at Marchmont Community Centre. And much, much more...

**More to come in the near future...**

MORE TO COME....	RESI'S	EVENTS	ACTIVITIES	TRIPS
<p>Introductions from:</p> <p>Khaled - New Gapper from September 2010</p> <p>Only Connect members volunteer</p> <p>Ciaran Maloney, SNT</p>	<p>PAYP- August</p> <p>Music - August</p> <p>Youth Forum - September/October</p>	<p>BBQ &amp; Party - August</p> <p>Bloomsbury Festival - September</p> <p>Marchmont Street Festival - September</p>	<p>Pool Tournament at Hurricanes (Scala) - Sept 26th</p> <p>Fitness 4 Girls - Sat 4pm</p>	<p>PAYP Trip to Alton Towers- August</p>